

## Overall Results

**Sprint 750M - 20K - 5K**

	Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1	TAYLOR, MIKE	15	SPRT50-59M	00:11:54.53	1	00:35:54.92	1	00:26:35.65	8	01:14:25.10	CRANBROO
2	GRANT, BEN	26	SPRT20-29M	00:17:12.09	12	00:42:51.46	2	00:23:50.30	2	01:23:53.85	ELKFORD
3	GURSKY, MARY	10	SPRT40-49F	00:13:21.05	2	00:45:08.65	4	00:27:07.50	9	01:25:37.20	SPARWOOD
4	AUJESKY, RISA	32	SPRT30-39M	00:14:44.15	4	00:44:07.15	3	00:27:32.35	10	01:26:23.65	REDCLIFF
5	BISSONETTE, CHRIS	13	SPRT50-59M	00:13:30.27	3	00:46:39.43	8	00:27:36.00	11	01:27:45.70	ELKFORD
6	KENNEDY, LORI	11	SPRT40-49F	00:16:43.83	9	00:46:40.47	9	00:24:50.70	6	01:28:15.00	FERNIE
7	PINEY, ANNA	7	SPRT30-39F	00:17:09.85	11	00:47:52.00	11	00:24:41.95	5	01:29:43.80	FERNIE
8	SMITHIES, KAYLA	31	SPRT30-39F	00:17:40.22	13	00:48:08.28	13	00:24:05.30	4	01:29:53.80	ELKFORD
9	DUFFIN, DARCIÉ	20	SPRT20-29F	00:16:42.19	8	00:45:59.56	6	00:27:56.85	12	01:30:38.60	COLEMAN
10	FRITZLER, BYRON	34	SPRT40-49M	00:17:09.68	10	00:46:00.37	7	00:27:57.65	13	01:31:07.70	LETH
11	BULLOCK, NOEL	9	SPRT30-39M	00:16:30.06	6	00:50:40.04	15	00:24:00.55	3	01:31:10.65	ELKFORD
12	JACKMAN, MATT	5	SPRT20-29M	00:18:57.26	16	00:48:52.69	14	00:23:38.80	1	01:31:28.75	ELKFORD
13	SEWARD, PAUL	14	SPRT50-59M	00:17:55.55	14	00:45:26.35	5	00:28:56.95	14	01:32:18.85	ELKFORD
14	BUTLER, ALANNA	30	SPRT20-29F	00:20:02.17	18	00:47:03.68	10	00:26:02.15	7	01:33:08.00	LUNDBRECH
15	SEWARD, KEVIN	6	SPRT20-29M	00:15:04.56	5	00:47:55.99	12	00:31:05.40	17	01:34:05.95	EDMONTON
16	STANLEY, SIMONE	37	SPRT30-39F	00:18:10.00	15	00:51:48.10	16	00:29:57.60	15	01:39:55.70	ELKFORD
17	GARCIA, RICARDO	4	SPRT20-29M	00:19:18.74	17	00:58:40.76	17	00:30:01.25	16	01:48:00.75	ELKFORD
18	MCLEOD, LIZ	12	SPRT40-49F	00:16:42.08	7	01:11:27.37	18	00:42:42.15	18	02:10:51.60	CALGARY

## Overall Results

**2 Man Sprint Team 750M - 20K - 5K**

	Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1	STANLEY, SIMONE	38	SPRTTEAM2-30-39	00:18:10.00	4	00:42:56.90	1	00:25:02.25	1	01:26:09.15	ELKFORD
	STANLEY, CRAIG - Biker -										
	STANLEY, CRAIG - Runner -										
2	FRENKS, MEAGHAN	16	SPRTTEAM2-40-49	00:13:53.00	2	00:46:49.85	2	00:31:01.85	3	01:31:44.70	ELKFORD
	JONES, SHELLY - Biker -										
	JONES, SHELLY - Runner -										
3	STANLEY, SIMONE	18	SPRTTEAM2-30-39	00:18:10.00	3	00:50:02.15	4	00:27:21.85	2	01:35:34.00	CALGARY
	HENNING, ADAM - Biker -										
	HENNING, ADAM - Runner -										
4	NIXON, MARY	19	SPRTTEAM2-30-39	00:13:17.12	1	00:49:16.13	3	00:33:03.65	4	01:35:36.90	ELKFORD
	VORONINA, LUCY - Biker -										
	VORONINA, LUCY - Runner -										

## Overall Results

**3 Man Sprint Team 750M - 20K - 5K**

	Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1	KILFORD, APRIL	23	SPRTTEAM3-30-39	00:15:05.06	1	00:44:30.99	1	00:27:58.85	1	01:27:34.90	SPARWOOD
	HALKO, JASON - Biker -										
	PEEBLES, HOLLY - Runner -										
2	HUGHES, KAREN	22	SPRTTEAM3-40-49	00:15:50.99	2	00:46:30.36	2	00:28:25.45	2	01:30:46.80	SPARWOOD
	HUGHES, KELVIN - Biker -										
	ELDAUN, PATRICIA - Runner -										
3	HESJE, CINDY	21	SPRTTEAM3-50-59	00:19:00.74	4	00:54:25.81	3	00:30:36.55	4	01:44:03.10	ELKFORD
	KLAPP, DONNA - Biker -										
	MOSIONDZ, DARLENE - Runner -										
4	TAYLOR, AMANDA	24	SPRTTEAM3-20-29	00:16:10.57	3	01:01:20.78	4	00:29:44.00	3	01:47:15.35	SPARWOOD
	ALLEN, CHRISTINA - Biker -										
	TAYLOR, KATIE - Runner -										

## Overall Results

**Xtreme - Sprint 750M - 20K - 5K**

	Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1	FERGUSON, SHEA	3	XSPRT20-29M	00:18:29.52	6	00:47:11.83	1	00:22:45.70	1	01:28:27.05	ELKFORD
2	WORKMAN, HOLLY	27	XSPRT40-49F	00:13:36.65	1	00:51:38.90	3	00:26:22.85	4	01:31:38.40	ELKFORD
3	HIGGINS, DEREK	36	XSPRT40-49M	00:17:16.95	5	00:49:30.55	2	00:26:27.80	5	01:33:15.30	SPARWOOD
4	ZANOZIN, DMITRI	29	XSPRT40-49M	00:15:39.86	3	00:56:06.39	5	00:24:19.90	2	01:36:06.15	SPARWOOD
5	HUME, SHELLY	33	XSPRT40-49F	00:14:09.81	2	00:53:43.54	4	00:28:45.80	6	01:36:39.15	SPARWOOD
6	IVANY, INGA	35	XSPRT40-49F	00:15:45.76	4	00:57:31.79	6	00:30:08.65	7	01:43:26.20	ELKFORD
7	AYOTTE, SIMON	25	XSPRT20-29M	00:21:58.95	7	00:59:30.40	7	00:25:13.05	3	01:46:42.40	ELKFORD

## Overall Results

**2 Man Xtreme-Sprint Team 750M - 20K - 5K**

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 FRENKS, MEAGHAN	17	XSPRTTEAM2-30-39	00:13:59.93	1	00:51:04.87	1	00:28:38.85	1	01:33:43.65	ELKFORD
HARRINGTON, MIKE - Biker -										
HARRINGTON, MIKE - Runner -										